CTEC HEALTH AND SOCIAL CARE AND CACHE CHILDCARE DEVELOPMENT

Please work through this booklet and bring it with you at enrolment in August. We look forward to seeing you.

If you need some advice on the work or some feedback on what you have completed so far, please contact Christine Wigman – cwi@woking.ac.uk

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Welcome to Health and Social Care and Childcare.

In Health and Social Care, we learn the skills and knowledge to care for people of all ages. In Childcare we learn about Conception to 18 years old. This task is going to help you prepare for both courses.

If you would like any further information, please email Christine-cwi@woking.ac.uk

Growth and development occur across the life stages and focuses on the physical, intellectual, emotional and social changes that humans go through (also known as PIES)

Health and Social Care professionals use **growth and developmental milestones** in order to measure whether an individual is in line with the expectation of others at the same age.

If an infant or child is not meeting a specific milestone, such as an infant still not being able to sit up by 12 months, this may indicate a developmental condition that requires further investigation.

Part 1: Research and describe the following areas.

Use the following link to help you:

https://www.tutor2u.net/hsc/reference/introduction-to-growth-development

PHYSICAL DEVELOPMENT:

INTELLECTUAL DEVELOPMENT:

https://www.tutor2u.net/hsc/reference/intellectual-development

EMOTIONAL DEVELOPMENT:

https://www.tutor2u.net/hsc/reference/emotional-development

SOCIAL DEVELOPMENT:

https://www.tutor2u.net/hsc/topics/social-development

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Part 2: Describe the development that an individual will go through in each stage and each area of development.

Include pictures for each stage.

INFANCY: **Physical** https://www.tutor2u.net/hsc/reference/developmental-milestones-in-infancy-0-2-years	
Intellectual https://www.tutor2u.net/hsc/reference/chomsky-language-acquisition-in-infancy-and-early-childhood	
Emotional https://www.tutor2u.net/hsc/reference/attachment	
Social https://www.zerotothree.org/resources/238-birth-to-12-months-social-emotional-development	

CHILDHOOD:

Physical https://www.tutor2u.net/hsc/reference/physical-development-in-early-childhood-3-8-years	
Intellectual https://www.fraserhealth.ca/health-topics-a-to-z/children-and-youth/intellectual-development-in-children#.XqXQUClKjIU	
Emotional https://www.tutor2u.net/hsc/reference/self-concept-self-image-and-self-esteem	
Social https://www.gracepointwellness.org/1272-child-development-theory-middle-childhood-8-11/article/37687-emotional-and-social-development	

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ADOLESCENCE:

Physical https://www.tutor2u.net/hsc/reference/physical-development-in-adolescence-9-18-years	
Intellectual https://www.fraserhealth.ca/health-topics-a-to-z/children-and-youth/intellectual-development-in-children#.XqXQUClKjIU	
Emotional https://www.tutor2u.net/hsc/reference/self-concept-self-image-and-self-esteem	
Social https://www.healthyfamiliesbc.ca/home/articles/social-and-emotional-changes-adolescence-teens	

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ADULTHOOD: **Physical** https://www.tutor2u.net/hsc/reference/physical-changes-in-early-adulthood-19-45-years	
Intellectual https://www.tutor2u.net/hsc/reference/intellectual-development-through-adulthood-and-the-effects-of-age-on-the-functions-of-memory	
Emotional https://www.tutor2u.net/hsc/reference/self-concept-self-image-and-self-esteem	
Social https://prezi.com/wsniezvqac0b/emotional-social-development-in-middle-adulthood/	

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OLD AGE

Physical https://www.tutor2u.net/hsc/reference/physical-changes-in-later-adulthood-65-years	
Intellectual https://www.tutor2u.net/hsc/reference/intellectual-development-through-adulthood-and-the-effects-of-age-on-the-functions-of-memory	
Emotional https://www.tutor2u.net/hsc/reference/self-concept-self-image-and-self-esteem	
Social https://prezi.com/g78h4kbpkrgi/late-adulthood-emotional-and-social-development/	

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Part 3: Describe a social care setting that people could use for each area of development life stages. (Include pictures)

INFANCY

SETTING:

https://www.pacey.org.uk/parents/choosing-great-childcare/types-of-childcare/

http://www.earlyyearsmatters.co.uk/

CHILDHOOD

SETTING:

https://www.theclassroom.com/definition-primary-education-5076822.html
http://www.earlyyearsmatters.co.uk/

ADOLESCENCE

SETTING:

https://www.internationalstudent.com/study_uk/education_system/secondary_education/

ADULTHOOD
SETTING:

https://www.helpguide.org/articles/senior-housing/adult-day-care-services.htm

OLD AGE
SETTING:
https://www.helpinghandshomecare.co.uk/home-care-services/elderly-care/

Part 4: Research one of the following disabilities and create an information leaflet

- Cystic Fibrosis
  www.cysticfibrosis.org.uk
- Downs Syndrome
  https://www.scope.org.uk/
- Cerebral Palsy
  https://www.ninds.nih.gov/Disorders/Patient-Caregiver-Education/Hope-Through-Research/Cerebral-Palsy-Hope-Through-Research
- Visual impairment
  https://study.com/academy/lesson/what-is-vision-impairment-definition-causes-symptoms.html

Your leaflet should include:
- a definition of the disability
- How it is caused
- How it affects the person as a child and as an adult
- A charity/voluntary organisation that could help and advise the families
- Include any other information that you think is interesting.

Extension Tasks
Some people with disabilities may need communication support.

1. Find out about some of the different methods of communication:

Braille

BSL

Makaton

2. Teach yourself Makaton: https://www.youtube.com/watch?v=D5cYfUiqpCg

3. Complete the online course: The Role of Personal Assistants in Disability Support

   https://www.futurelearn.com/courses/personal-assistants-disability-support